Reflective Essay

PPD1 BUSI12200 EPORTFOLIO

Dipo Awojide

James Matthews N0647717

BAB 9

Personal and Professional Development

Introduction

In this this essay I will be talking about my experience at university and what I have learned. By reflecting on my past at university it will improve my understanding of myself. I will learn what my weakness, strengths and how to improve them.

Main body

-Learning style

Learning styles are very important for me to know, this is because when I am studying at university I need to know what techniques and methods I should use to learn at the optimum level. My results from the VARK questionnaire show that I am more of a visual (7) and reading (5). This means that when I learn, a visual approach will be appropriate for me. From a professional perspective I will apply my work with pictures, graphs and diagrams. This is because it is easier for me to learn which will give me a bigger understanding when I present the information.

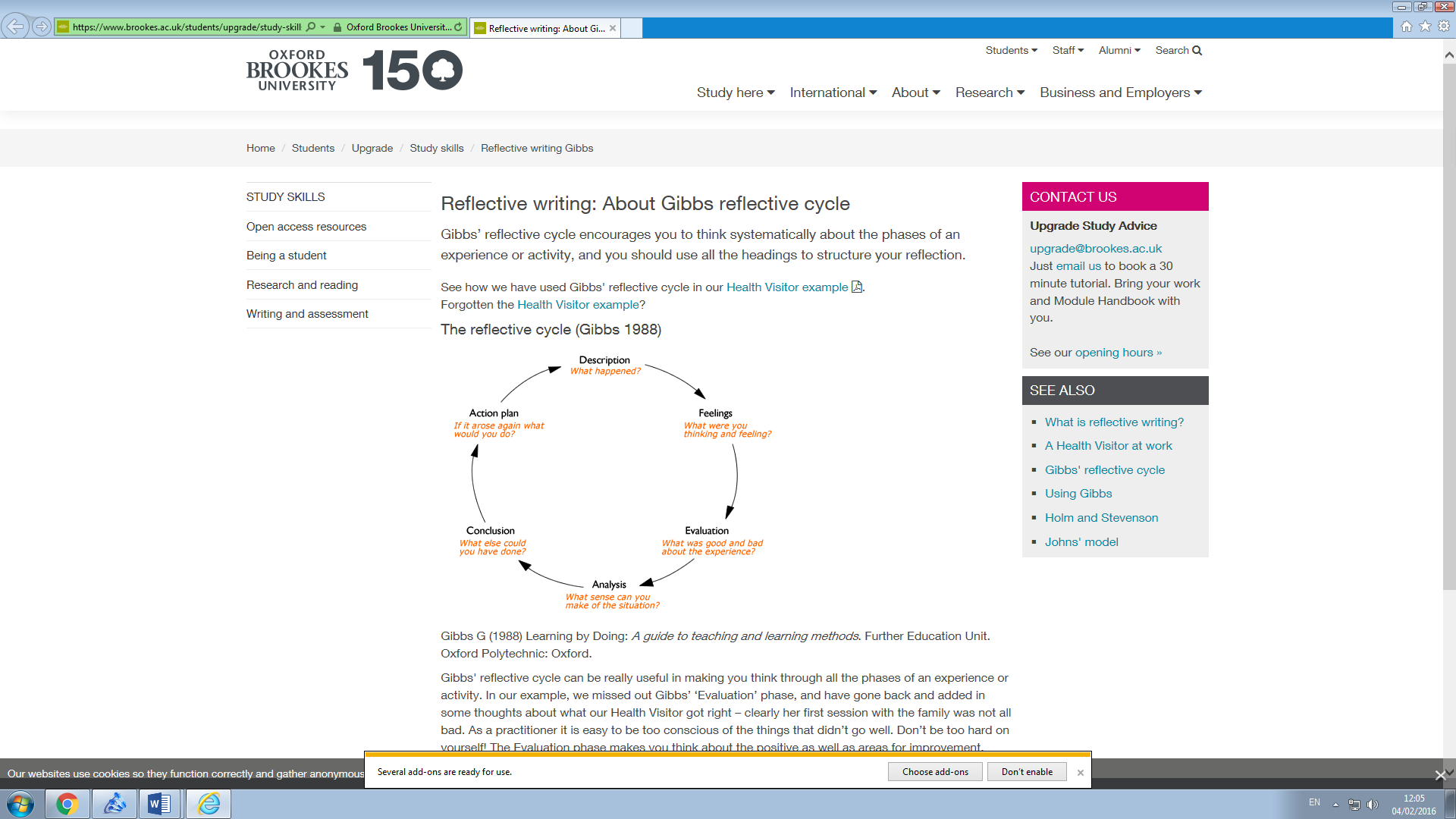
-Skills

From my skills diagnostic, test it shows that my highest skill is in organisation. This is because I like to organisation my tasks and plan out my day. This will have a direct correlation on my learning style, for example if I do not structure and plan my day I could have an effect on my ability to learn. Within a professional environment I will organise my tasks. By doing this I will understand what tasks need to be done and at what time, therefore it will minimise the risk of mistakes such as forgetting to perform a specific task.

-Academic knowledge

Academic knowledge is very important for my ability to learn. If I widen my academic knowledge I will understand the topic at hand thus improving my chance for a higher grade in my diploma. If my academic knowledge is low it will have a direct impact on my understanding of the course. At a professional perspective academic knowledge is very important for an employer’s perspective. The higher the academic knowledge I have the more options and tasks I can perform for my employer, increasing my value to the organisation.

Throughout my time at university I have had feedback on summative and formative assessments. Some of those feedbacks where based on my academic knowledge. The feedback shows that I have some understanding of academic knowledge (reading and writing), however, it needs to be improved as I could implement more of the theory into my essay.



(Oxford Brookes University, 2015)

This is the Gibbs (1988) reflective cycle. The purpose of the Gibbs reflective cycle is help the user to self-improve. They will think of an event and go through the steps. At the end of the cycle (Action Plan) you should know how to improve your experience when the event arises again.

My experience that I have come across during university in my formative assessment for operations management. I (Description) was required to write a 2,000 word essay on rationalisation in the 1900’s industrial revolution. To do this essay I had to addend lectures, seminars and read academic theories. My learning style is mainly based on reading (5) and visual (7), therefore I understood the reading but I found that I was not able to read it all. When I was writing the essay there was some problems that troubled me. Looking at my skills diagnostic test (ePortfolio) on analytical /problem solving I scored a 3. Which means that I need to improve on my problem solving. Whilst I was reading the materials for the essay I would widen my academic knowledge, however, I was not able to read it all.

During (Feeling) the event I thought that I would get a grade/feedback that I was satisfied with, however, the feedback was not. This did not upset me as I am now able to improve.

The (Evaluation) good points about this experience is that I was able to find out what I can do and what I cannot do. However, I have found out that I struggle when it comes to academic reading. I struggled to do all the reading and implementing my findings into the essay.

Now looking back (Analysis) at the situation and knowing my skills, learning style and academic knowledge I know what went wrong, what actions I took that led to good and bad aspects of the event.

Now looking back (Conclusion and Action plan) there are aspects that would change. Look back I have noticed that I have not used all of the materials and support available for me, which I would like to use for my next essay. For example the Boots Library offers lots of support which will help with my spelling, grammar and structure.

This is Development plan which has my SMART (Specific, Measurable, Accurate, Realistic and Timed) objectives. My objective is to get a GCSE in English.

Development plan/SMART objectives

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **James Matthews** | | **N0647717** | | |
| **BA Business Studies (Hons) N101** | | | | |
| **What Do I Want/Need to Learn? (Personal Objectives)** | **What Will I Do to Achieve This?** | **What Resources or Support Will I Need?** | **What Will My Success Criteria Be?** | **Target Dates for Review and Completion** |
| Be satisfied with my English skills by getting a GCSE grade C | I will do this by approaching a college in the exam period and taking the exam as an external candidate.  Before the example I will practise my spelling, grammar and punctuation on my own and by the help by the NTU library. | Taking the exam will only take 1-2 house and it will costs £40 for every exam.  The independent study will not costs however, it will be timely. I will like to do at least 2-3 every week and occasionally having one to one help by the library. | I will measure this by receiving the qualification that is graded C or above. | The qualification release date for GCSE English is August |

Conclusion

Throughout this essay I have talked about my skills, experience and areas what I would like to improve. When writing this essay I have found out what my preferred learning style which is visual and reading. I have expressed an event at university and applier the Gibbs Reflective cycle so if the event arises again, I can be better prepared. The last section was about improving myself using SMART objectives. This objective was to get a GCSE grade C in English, I now know what steps I need to take and what resources I will use to reach my objective.

References

Oxford Brookes University, 2015. Reflective writing: About Gibbs reflective cycle. [ONLINE] Available at: <https://www.brookes.ac.uk/students/upgrade/study-skills/reflective-writing-gibbs/>. [Accessed 04 February 2016].

ePortfolio, James Matthews. [ONLINE] Available at: <https://now.ntu.ac.uk/d2l/eP/presentations/presentation_preview_popup.d2l?ou=6605&presId=116943&contextId=116943&pageId=0&fromRedirect=1>. [Accessed 29 January 2016]