

**S** **M** **A** **R** **T**  
G O A L S

**for STUDENTS**

Student Name:

Date:

**SPECIFIC**

**S**

Is this goal worth working hard?  
Will it help me with my long term goals?

**MEASURABLE**

**M**

How will I know that I completed the task?

**ATTEINABLE**

**A**

Is it possible to achieve this goal within the set deadline?

**RELEVANT**

**R**

Is this goal worth working hard?  
Will it help me with my long term goals?

**TIMELY**

**T**

What is the deadline for this task?