

INCREDIBLE YEARS PARENT GROUP

PEER AND SELF-EVALUATION FORM

Leader’s Name

Please comment on the parent group leader’s sessions based on the following criteria:

I. LEADER GROUP PROCESS SKILLS

COMMENTS

**Builds rapport with each member of group**

**Encourages everyone to participate**

**Models open-ended questions to facilitate discussion**

**Reinforces parents’ ideas and fosters parents’ self-learning**

**Encourages parents to problem-solve when possible**

**Fosters idea that parent will learn from each others’ experiences**

**Helps parents learn how to support and reinforce each other**

**Views every member of group as equally important and valued**

**Identifies each family’s strengths**

**Creates a feeling of safety among group members**

**Creates an atmosphere where parents feel they are decision-makers and discussion and debate are paramount**

II. LEADER LEADERSHIP SKILLS

COMMENTS

**Establishes ground rules for group**

**Started and ended meeting on time**

**Explained agenda for session**

**Emphasizes the importance of homework**

**Reviews homework from previous session**

**Summarizes and restates important points**

**Focuses group on key points presented**

**Imposes sufficient structure to facilitate group process**

**Prevents sidetracking by participants**

**Knows when to be flexible and allow a digression for an important issue and knows how to tie it into session’s content**

**Anticipates potential difficulties**

**Predicts behaviors and feelings**

**Encourages generalization of concepts to different settings and situations**

**Encourages parents to work for long- term goals as opposed to “quick fix”**

**Helps group focus on positive**

**Balances group discussion on affective and cognitive domain**

**Predicts relapses**

**Reviews handouts and homework for next week**

**Evaluates session**

IV. LEADER KNOWLEDGE

COMMENTS

**Demonstrates knowledge of content covered at session**

**Explains rationale for principles covered in clear, convincing manner**

**Prepares materials in advance of session and is “prepared” for group**

**Integrates parents’ ideas and problems with important content and child de- velopment principles**

**Uses appropriate analogies and meta- phors to explain theories or concepts**

III. LEADER RELATIONSHIP BUILDING SKILLS

COMMENTS

**Uses humor and fosters optimism**

**Normalizes problems when appropriate**

**Validates and supports parents’ feelings (reflective statements)**

**Shares personal experiences when ap- propriate**

**Fosters a partnership or collabora- tive model (as opposed to an “expert” model)**

**Fosters a coping model as opposed to a mastery model of learning**

**Reframes experiences from the child’s viewpoint and modifies parents’ negative attributions**

**Strategically confronts, challenges and teaches parents when necessary**

**Identifies and discusses resistance**

**Maintains leadership of group**

**Advocates for parents**

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Summary Comments:

Candidate has satisfied video requirements for certification.

Yes

No

Name of Evaluator

Date:

VI. PARENTS’ RESPONSES

COMMENTS

**Parents appear comfortable and in- volved in session**

**Parents complete homework, ask ques- tions and are active participants**

**Parents complete positive evaluations of sessions**

V. LEADER METHODS

COMMENTS

**Uses videotape examples efficiently and strategically to trigger group discussion**

**Uses role play and rehearsal to rein- force learning**

**Review homework and gives feedback**

**Uses modeling by self or other group members when appropriate**