# **PSYCHOLOGY**

### **COGNITIVE DEVELOPMENT STAGES**

Cognitive development stages describe sequential shifts in thinking, from sensorimotor exploration to abstract reasoning, impacting problem-solving and learning abilities

## **SOCIAL INFLUENCE FACTORS**

Social influence factors encompass conformity, obedience, and persuasion, illustrating how individuals are influenced by group dynamics and societal norms



Perception of reality involves interpreting sensory information, influenced by beliefs, experiences, and cognitive biases, shaping individual perspectives

## **EMOTIONAL INTELLIGENCE**

Emotional intelligence refers to recognizing, understanding, and managing emotions effectively, crucial for interpersonal relationships, resilience, and self-regulation

Psychological disorders encompass disturbances in mood, cognition, and behavior, affecting daily functioning and often requiring therapeutic interventions for management