**GREEN LIGHT**

***KEEP GOING***

Take a break. Wait for the signal to go again!

**RED LIGHT**

***STOP***

Take a break. Wait for the signal to go again!

**YELLOW LIGHT**

***SLOW DOWN***

Deep breaths. Think about your choices!

Name 1

Name 2

Name 3

Name 4

Name 5

How are you doing today?

M

T

W

T

F

S

S

Stop light behavior chart

4-5 greens/week = reward