FORM



| **Move-In Checklist**

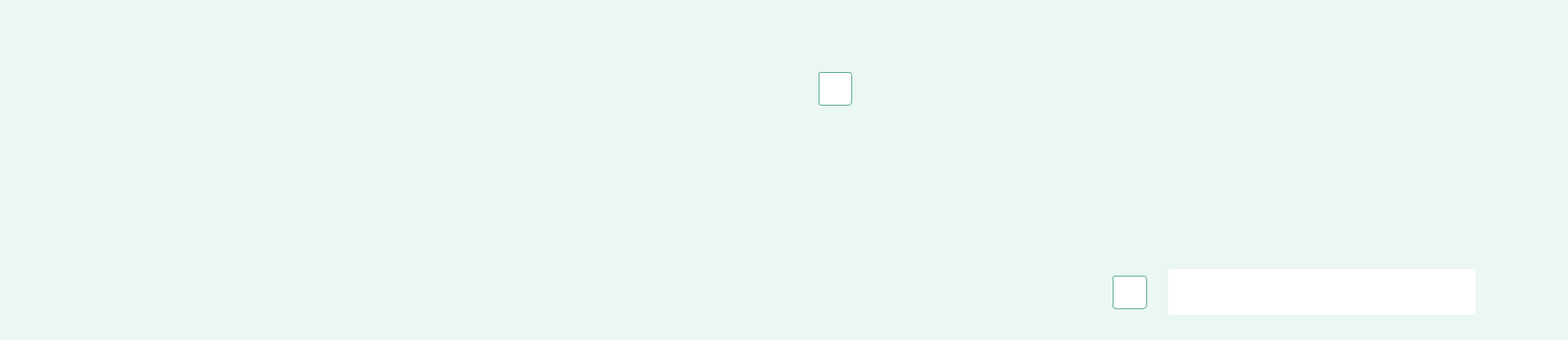


CONSIDERATIONS WHEN FURNISHING A ROOM IN MEMORY CARE

A room in a memory care community is never going to be comparable to a resident’s long-time home; however, this transition can be seen as an opportunity to create a new home for the resident. It should be a comfortable, safe environment where a loved one can receive the highest level of care they need. It is important to review these considerations monthly, at a change of condition or post-fall.

BEFORE MOVE-IN

Evaluate the room and review dimensions with family. This will help determine the type of furniture needed and the layout. While you want to make the room comfortable, it is also necessary to take the “less is more” approach for the initial move in.



RESIDENT CONSIDERATIONS

 **Discuss environmental preferences and routines**

 **Review and/or assess mobility status**

FURNITURE & STORAGE

**Bed**

 Standard  Hospital

 Consider outlet placement  Size appropriate for room

 Height appropriate

 Transfer enablers

**Dresser**

 Drawer height appropriate for resident

 Size appropriate for room  Drawer labels needed

**Bedside table**

 Size/height appropriate for room/bed

 Rounded corners or cushioned ottoman considered for safety

**Lamp**

 Accessible location

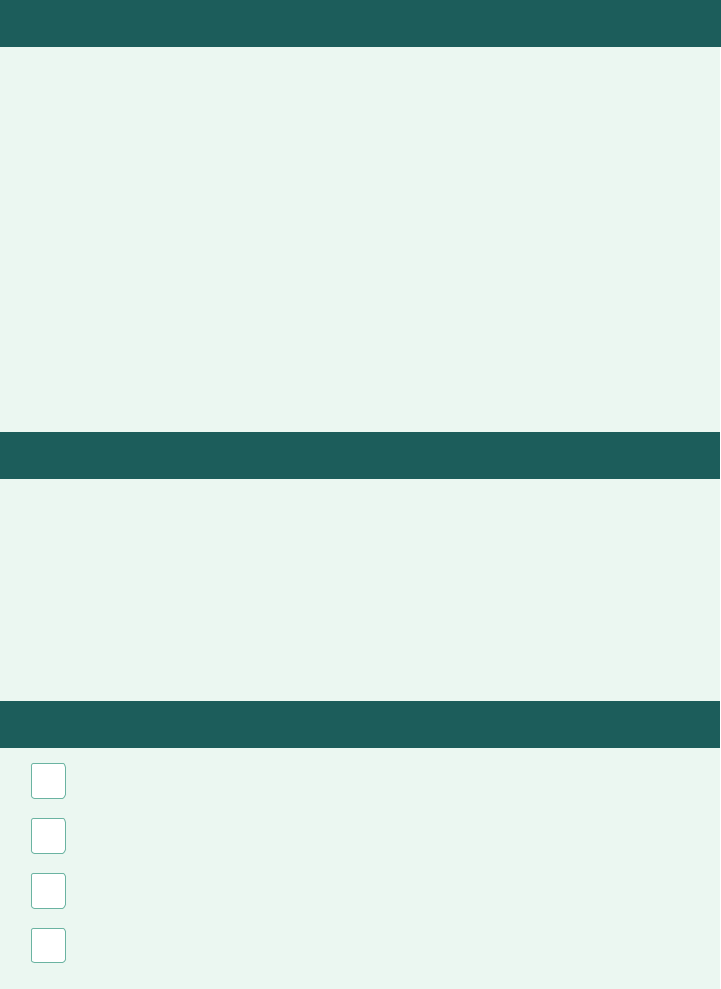
 Easy on/off

**Determine the anticipated level of assistance to be provided for:**

 Transfers  Showering

 Dressing  Eating

 Toileting



**Seating**

 Resident seating appropriate

 Sturdy chair with arms

 Does not swivel or rock

 Appropriate height for mobility

 Resident can safely transfer in/out of chair

 Visitor seating, if applicable, also appropriate for room size and sturdy for resident use

**Walls/Flooring**

 High color contrast to help delineate perimeters of furniture

 Fall mat in room, if applicable  No rugs in bedroom

**TV**

Mounted/secured to wall

On console stand

Positioned appropriately for viewing

Cords secured and out of sight



|  |  |
| --- | --- |
| www.safely-you.com | 1 of 2 |

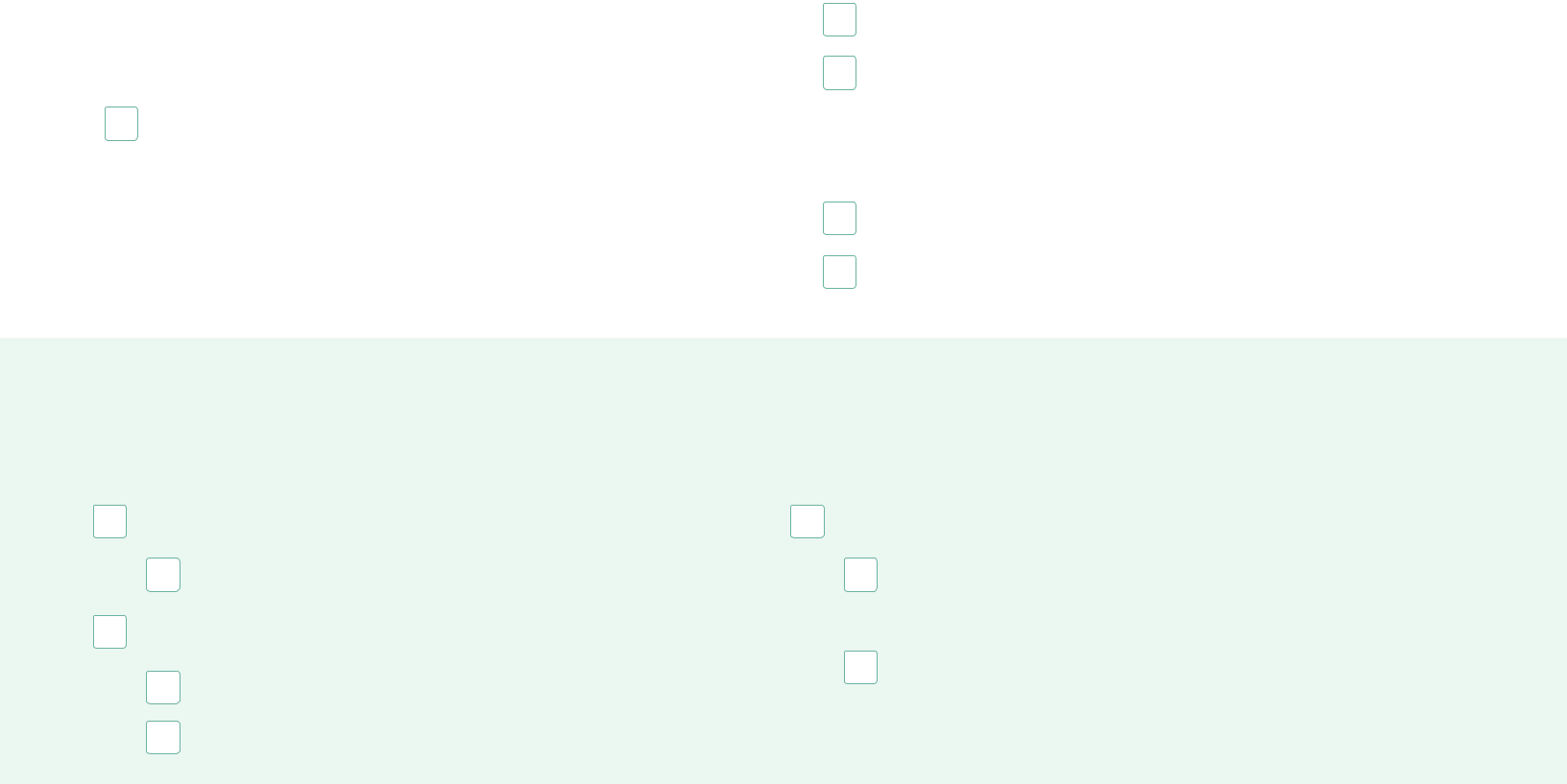
FORM



| **Move-In Checklist**



|  |  |  |  |
| --- | --- | --- | --- |
| **Bathroom** |  | **Storage/Shelving** |  |
|  |
| No throw rugs or bath mats |  | Height appropriate for the resident |  |
| Consider need for shower chair |  | Frequently accessed items easily accessible |  |
| Consider need for raised toilet seat |  |  |  |
|  | **Personal items and decorations** |  |
|  |  | (photos and framed pictures) |  |
|  |  | Cozy, yet clutter-free atmosphere |  |
|  |  | Avoid under bed storage |  |
|  |  |  |  |



ADDITIONAL MOBILITY CONSIDERATIONS

Mobility status is a major factor to consider when designing a bedroom. When discussing move in with family, it is a good time to explain the space needed to safely move about the room.

|  |  |  |
| --- | --- | --- |
| **No mobility aid:** | **Wheelchair** |  |
| Items are within reach of standing or sitting | Adequate space for safe transfers from bed |  |
| **Two- or four-wheeled walkers** | and chairs with multiple care staff in the room |  |
| Identify placement when not in use |  |
| Adequate space for the pathway to exit |  |
|  |  |
| Identify placement when not in use |  |  |

MAINTENANCE AFTER MOVE-IN

Since a resident’s condition will change over time, it is essential to continuously adjust the room design for the safest environment possible by regularly evaluating mobility and ADL status. Consider referral to OT/PT when a change in resident status is observed.



www.safely-you.com 2 of 2