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|   | START DATE |   | TARGET MILES |   | MILES ACHIEVED |   | SUCCESS FIGURE |   |
|   | 07/05/2022 |   | 2,500 |   | 615 |   | 25% |   |
|   | END DATE |   |   |   |   |
|   | 07/06/2022 |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |
|   | DATE | TYRES | ROUTE | DISTANCE | TIME | MPH (avg.) | CALORIES |   |
|   | 07/05/2022 | GatorSkin | Darlow - Brisbane | 125 | 02h 45m | 45.5 | 1250 |   |
|   | 09/05/2022 | GP 4000S | Darlow - Littrow | 285 | 06h 50m | 41.7 | 2100 |   |
|   | 11/05/2022 | GatorSkin | Niroy - Goundao | 205 | 04h 40m | 43.9 | 1650 |   |
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