Handwashing Reward Chart

Mark the dates for each week in the circles on the calendar. Every time your kids wash their hands, give them a star sticker to stick on that day. If they score 20 stars in one week, reward them with a prize.

Help your kids wash their hands with soap and water for 20 seconds—the time it takes to sing The Happy Birthday Song twice.

When to wash:

- Before eating
- After playing
- After using the bathroom
- After sneezing and coughing
- After coming home from school
- Before playing w/baby brother or sister