

Entertainment

Compulsory  
"Must be done"

- Internet
- Friends and family
- Phone, Skype

- Sleeping
- Studying
- Working
- Housecleaning
- Laundry
- Traveling

Cause- effect

Did not study Swedish

Slacking, procastration

Motivation

- TV/ movies
- Resting

- Time is not properly planned
- Lack of fun
- SFI low quality
- expensive private lessons

